Alberta Alcohol and Drug Abuse Commission Annual Report 1986/87

AADAC

AADAC: Helping people to develop healthy attitudes and behaviours that prevent the abuse of alcohol and drugs.

Minister of
COMMUNITY AND OCCUPATIONAL HEALTH
402 Legislature Building, Edmonton, Alberta, Canada T5K 2B6 403/427-2331

August 11, 1987

Honourable Dr. David Carter
Speaker of the Legislative
Assembly of Alberta
325 Legislature Building
Edmonton, Alberta
T5K 2B6

Dear Dr. Carter:

I have the honour to present herewith the Annual Report of the Alberta Alcohol and Drug Abuse Commission for the fiscal year ended March 31, 1987.

Yours sincerely,

Jim Dinning

ALBERTA
ALCOHOL
AND DRUG ABUSE
COMMISSION

AADAC

10909 Jasper Avenue
Edmonton, Alberta
Canada T5J 3M9
Tel (403) 427-2837

Honourable Jim Dinning, Minister
Community & Occupational Health
402 Legislature Building
EDMONTON, Alberta
T5K 2B6

Dear Minister:

I am pleased to present to you the Annual Report of the Alberta Alcohol and Drug Abuse Commission for the fiscal year ended March 31, 1987.

This Report presents the principle activities of many programs administered by the Commission as well as a statement of financial transactions for the year, together with its position at year-end, in compliance with Section F12(1) of The Alcohol and Drug Abuse Act.

Cordially,

STAN NELSON, M.L.A.
Chairman

An Agency of the
Government of
Alberta

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Chairman's Report

It has been another challenging and active year for AADAC and for me as Chairman.

AADAC is responsible for a wide range of treatment, prevention and education programs in the province of Alberta. Over the past year we have maintained our level of service to the Alberta public and have continued to review and improve our level of service wherever possible.

During the 1986-87 fiscal year, over 230,000 Albertans accessed AADAC services through education and treatment, indicating wide public awareness and acceptance of AADAC programs.

AADAC continued to operate the *Alberta Impaired Driver's Course* for individuals convicted of impaired driving offences for the first time and *IMPACT*, a program for repeat offenders. The *IMPACT* program consists of thirty hours of intensive classroom sessions and assessment. The program is run on weekends. Clients must comply with the assessment recommendations as a condition of having their drivers' licences reinstated. Research with participants indicates that they are positive about the program and that it is helpful. In 1986-87 almost 12,000 individuals attended the *Alberta Impaired Driver's Course* and 1,900 attended *IMPACT*.

The youth-oriented prevention program continued to enjoy a high profile among teens and their parents. A new theme was introduced into the program in the fall of 1986. This new theme encourages teens to become actively involved in their own development. The adolescent program also introduced an increased focus on community-based programs and initiatives and a reduced emphasis on mass media communication. The adolescent program also received a number of international, national and regional awards for excellence in design and communication.

AADAC provided funds to over thirty non-profit societies directed by volunteer boards, giving a province-wide network of inpatient and outpatient treatment programs. These volunteer board members dedicate many hours of time to their fellow citizens.

AADAC's expertise and national and international reputation continued to be recognized through an invitation to play an advisory role in the development of the National Impaired Driving Strategy announced by the Federal Government. In addition, AADAC was involved in the sponsorship of a national conference *Dynamics of Social Change: Implications for Society* organized by the Traffic Injury Research Foundation of Canada and held in Edmonton.

AADAC's leadership in the addictions field is further evidenced by the frequent requests received from other countries for information and consultation. Notably, an AADAC staff member was invited to participate in an international Asian study tour sponsored by the Canadian International Development Association.

Personally, my year with AADAC has been exhilarating and challenging. I have learned a great deal about AADAC and the people who work for the Commission. The Alberta Government, Commission Board members, AADAC executive and staff and the people of Alberta deserve a great deal of credit for building and supporting the work of AADAC in meeting the needs of our clients. AADAC has come to be recognized as a leader in the addiction field, a role which we are pleased to undertake on behalf of the citizens of Alberta.

Greg Stevens, M.L.A. (P.Eng.)
Banff-Cochrane
Chairman
1986-87

Commission Board Members:

Stan Nelson
MLA
Calgary-McCall
Chairman
Appointed
September 1987

Greg Stevens
MLA
Banff-Cochrane
Chairman
1986-87

John Gogo
MLA
Lethbridge W.
Chairman
1979-86

Doug White
Vice-Chairman
January 1985-
January 1987

Dan Vandermeulen
High Prairie
Vice-Chairman
Appointed
February 1987

Dick Ramsay
Calgary
July 1984-
July 1986

Lynne Pitt
Calgary
April 1983-
April 1986

Walt Boddy
Edmonton

Aris Coventry
Fort McMurray

Dr. Tom Melling
Lethbridge

Lee Reekie
Calgary

Joe Lipka
Sherwood Park
Appointed
February 1987

Leona Shandruk
High Level
Appointed
February 1987

Stan Mlynarski
Calgary
Appointed
February 1987

Chief Mustus
Alexis Indian
Reserve
January 1985-
January 1987
(photo not
available)

What is AADAC?

AADAC is the Alberta Alcohol and Drug Abuse Commission.

It is an organization funded by the Government of the Province of Alberta. AADAC provides Albertans with assistance in dealing with alcohol and drug concerns through prevention and treatment programs.

AADAC is directed by a citizens' board and a chairman appointed by the Alberta Government.

How does it work?

The Commission provides services through two avenues. Direct service is provided by AADAC offices and clinics throughout the province. Funds are also given to private treatment and prevention services. This combination of programs provides an extensive range of services related to the use and abuse of alcohol and other drugs.

AADAC's counselling and education services are free. Nominal registration fees are charged at the inpatient treatment centres.

Where is AADAC?

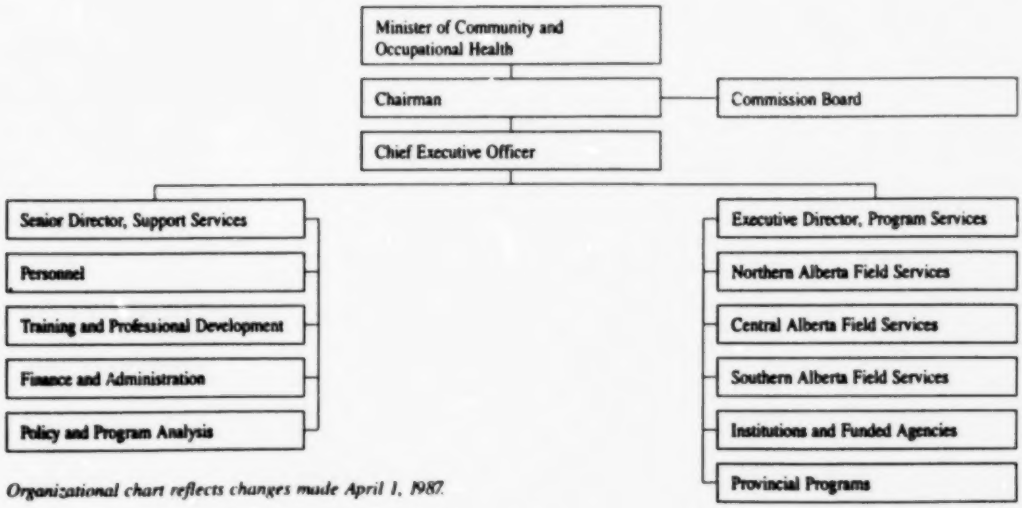
AADAC has divided the province into three geographic areas or divisions. Each area has a Divisional Office which ensures that assistance is available throughout its jurisdiction via a network of area offices. The addresses and phone numbers for AADAC centres are listed in the telephone book under Alberta Alcohol and Drug Abuse Commission.

What services does AADAC offer?

AADAC offers treatment, education and prevention programs to the citizens of Alberta. AADAC's prevention and education programs include information and training programs for community and professional groups as well as a major program for adolescents. The adolescent program features a variety of communications components and includes funding to community groups to help teens develop skills and abilities that will help develop responsible behaviours related to substance use.

AADAC also administers the *Alberta Impaired Driver's Course*, the *IMPACT* program for repeat offenders and attempts to establish new impaired driving countermeasures.

Treatment services are available to anyone concerned about alcohol/drug use. Programs include components for family and friends. Outpatient counselling, detoxification centres and inpatient treatment centres are located around the province.



Organizational chart reflects changes made April 1, 1987.

Services Map

Program Services

Northern, Central, and Southern Alberta Field Services Divisions

Role

AADAC provides services directed towards the prevention and treatment of addictions for citizens across Alberta. Additionally, it plans, implements, and evaluates strategies which support the field delivery of the services and provides access and coordination with other program divisions.

Services

The Northern, Central, and Southern Alberta Field Services Divisions deliver prevention and outpatient treatment services throughout Alberta. Nineteen area offices offer both prevention and treatment services to rural communities and smaller cities. In addition, six of the specialized units provide prevention or treatment in Edmonton & Calgary.

Division	Administration	Area Offices	Specialized Units
Northern Alberta Field Services Division	Grande Prairie	Grande Prairie High Level Peace River High Prairie Slave Lake Lac La Biche Grand Centre St. Paul Barrhead Fort McMurray	
Central Alberta Field Services Division	Edmonton	Edson Hinton Drayton Valley Red Deer Camrose	Edmonton Downtown Treatment Centre West End Treatment Centre Day Counselling Unit Community Education Services
Southern Alberta Field Services Division	Calgary	Drumheller Lethbridge Brooks Medicine Hat	Calgary Counselling Services Community Education Services

Prevention Services are aimed at increasing public knowledge of AADAC's services, increasing understanding of alcohol and other drugs, and improving personal skills needed to address alcohol and other drug-related issues. Program activities include conferences, lectures, audio-visual presentations, seminars, displays, exhibits, participation in community events, interagency linkages, consultation, and provision of material resources. Community involvement and assistance is also encouraged in the prevention and resolution of alcohol and other drug problems. This kind of community mobilization includes the coordination of youth-oriented projects, co-sponsorship of seminars and lectures, training of key influencers within the teaching, health, and social services professional groups, and the promotion and support of employee assistance strategies in the workplace.

Treatment Services are directed toward the recovery of individuals who are experiencing alcohol/drug-related problems. Program activities include assessment, intervention, follow-up, and if indicated, referral to other appropriate programs or services. In the specialized treatment units, the services include group therapy, family counselling, and other interventions which address selected populations within the client group.

Highlights

The Northern Alberta Field Services Division provided two workshops on solvent abuse at two locations, Lac La Biche and High Prairie, targeting school, social services, and health professionals in addition to other key community influencers and our own AADAC staff.

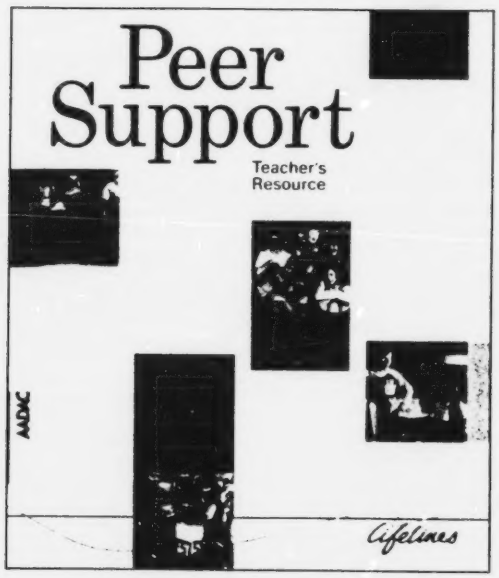
In Peace River a work experience and peer support project was completed. The objectives of the program were to introduce students from Cadotte Lake to a positive job environment experience and to provide them with positive role models.

High Prairie staff, with the assistance of their colleagues in Peace River and Slave Lake, co-sponsored *Challenge '87* in three high schools in the area. The program provided the students with a one-day workshop focussed on personal development.

In Slave Lake a number of *Alcohol, Youth and Suicide* workshops were provided to clergy, professional groups, native counsellors, and community agencies. The workshops focussed on the alcohol-suicide statistics, recognition of potential suicidal behaviour, and how suicide can be prevented.

The Northeast District piloted a series of *Community Mobilization Workshops* involving professionals and key influencers in five locations — Fort McMurray, Lac La Biche, Swan Hills, Ashmont, and First Nations' Dene-Le Goff reserve. The project was designed to create an interest in the critical components of an effective community mobilization model.

All area offices in the Northern Alberta Field Services Division were involved in over 20 mini promotions to acknowledge Drug Awareness Week.



Community Education Services in Edmonton hosted the *Workplace '86* Conference which attracted 280 delegates from across Alberta and western Canada. The conference dealt with issues related to health promotion in the workplace, effects of alcohol and drugs on the job, and employee assistance programs.

In Edmonton, parent programs developed on a community mobilization model encouraged the development of parent steering committees or parent advisory councils usually associated with an upper elementary or junior high school.

The Faculty of Medicine at the University of Alberta collaborated with AADAC's Community Education Services staff to offer a series of three week intern programs with AADAC treatment and CES offices for fourth year medical students.

Peer Support projects were carried out throughout the province including retreats, orientation workshops, training workshops and inservice training for school personnel. Over 250 *Peer Support Teacher's Resources* were distributed throughout the province.

A province-wide theatre tour called *Zeke and the Indoor Plants* for junior high students was presented to over 5,000 students.

The forum on *Addictions in the Family* was a co-sponsored event which was attended by 285 people and received extensive media coverage.

Counselling services from the Downtown Treatment Centre, Edmonton, have been initiated into Sherwood Park, St. Albert, Charles Camsell Hospital and Social Services and Community Health at Westmount on a limited basis. The West End Treatment Centre continues to offer a program to children nine to twelve years old who live in homes with parent(s) who are dependent on alcohol or drugs.

The Most youth conference for Central Alberta teens was held in Red Deer. Meeting new friends, getting along with parents, creating new experiences and becoming familiar with new technology were a few of the topics addressed.

The *CAPS* (Central Alberta Peer Support) network involved 23 schools in the promotion and implementation of positive lifestyle events aimed at Junior and Senior High students. Over 238 projects were completed.

An alcohol and drug education program for adolescents entitled *Kids, Drugs and Personal Decisions* was developed by Calgary Community Services and utilized for adolescents in detention. Parent Programs were also initiated.

Assistance regarding Peer Intervention Programs is being provided to a number of professional groups: Law Society, Dental Association, Clergy, Pharmacists, Nurses and Physicians.

The Medicine Hat office has assisted the Medicine Hat College to implement a *CAPE (Campus Alcohol Policies and Education)* program. This program is designed to enhance awareness among students of alcohol related issues and promote responsible decision-making behaviours about alcohol/drug use.

The Seniors Outreach Program in Brooks involved seniors in a peer support role in dealing with problems that are alcohol or drug related.

Project Participation is a program directed at youth to encourage the development of activities in their communities, thus reducing the risk of alcohol or drug problems. It is underway in Redcliffe, Bow Island, Fort MacLeod, Pincher Creek, Empress, Crowsnest Pass, Hanna, Trochu and Drumheller.

A brochure to assist small businesses with employees with alcohol or drug problems was developed and is now being used throughout the Province.

In the Southern District education programs for parents increased their understanding of alcohol and drugs to prevent or deal with problems in their families.

The Calgary Day Centre Program was revised to become the *Day Program*. This change was made to establish a structured program for persons in need of skill development and information.

Institutions and Funded Agencies

Role

This Division provides residential addictions treatment services and assists local communities in implementing addictions programs.

It also provides assistance to families and other significant people who can support addicted clients both during and after a treatment program. In providing support to community-based programs, it encourages the community to feel a sense of ownership and responsibility for programs.

Services

The AADAC Recovery Centre in Edmonton and the Renfrew Recovery Centre in Calgary provide a safe environment for individual withdrawal from alcohol and other drugs. A treatment plan is developed with clients and appropriate referrals are made for ongoing service. Each centre uses the network of AADAC and community agency programs to ensure that individual treatment needs of each client are met.

Henwood Treatment Centre and the Lander Treatment Centre are two well-established AADAC residential institutions that provide specialized intensive programs within a protective and supportive environment. Individual, group and family program components are focussed toward client assistance, and aftercare provisions are made to support clients transition back to their community.

The community programs receiving AADAC funding are outlined in the chart on the next page.

Highlights

Henwood developed a Client Feedback Survey that is regularly administered to all clients upon discharge from the program. The survey provides useful feedback for program adjustment.

In conjunction with other AADAC offices, the Lander Treatment Centre developed, piloted, and evaluated a specialized residential treatment program for adolescents and their parents.

Resulting from an evaluation of women's treatment needs, Henwood and Lander Treatment Centres have made provision for separate counselling groups. Facilitated by female staff, these groups provide an opportunity for the client to explore problems which are specific to women and addiction.

In response to growing concerns about AIDS and the concurrent need to effectively manage clients at risk, AADAC Recovery Centre staff prepared a protocol. This AIDS protocol was developed with the resources of the University of Alberta and Royal Alexandra Hospitals at Edmonton.

A new relapse prevention initiative has been established by Renfrew Recovery Centre and Alcoholics Anonymous. While undergoing detoxification, interested clients are introduced to an AA member from their community. Arrangements are made for a personal introduction to an AA meeting, and ongoing support upon discharge from RRC.

With AADAC interest in resolving addictions issues on an international basis, the Division of Institutions and Funded Agencies presented invitations to each of the Governments of Malaysia and Thailand for participation in AADAC-sponsored internships. The programs of study were planned in conjunction with other agencies.

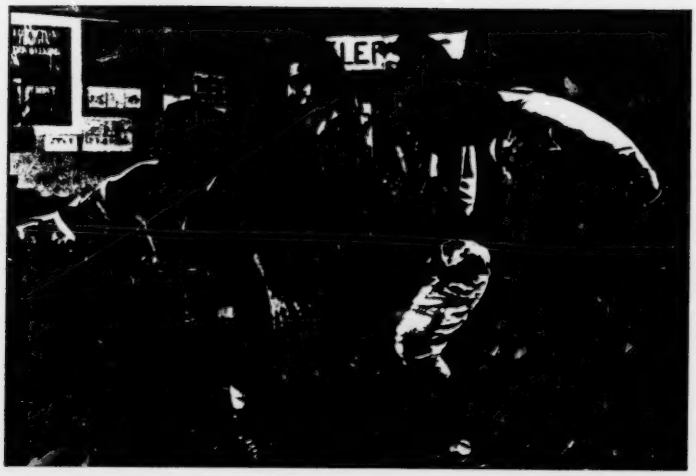
Other international initiatives included the completion of practicums at Lander and Henwood Treatment Centres with representatives from Israel and Sri Lanka, respectively.

The official opening of the Jimmy Wolf Tail Memorial Residence took place at Brocket in June, 1986. This program provides residential care for people requiring a supportive environment during their recovery from addiction.

To provide a better environment for delivery of programs, Native Alcoholism Services and the Distress Centre/Drug Centre each relocated to new offices.

Programs Receiving Funding

Program	Location
• Action North Recovery Centre	High Level
• Alcohol and Drug Abuse Services	
• Alpha House	Edmonton
• Bonnyville Indian Metis Rehabilitation Centre	Bonnyville Fishing Lake Elizabeth Settlement
• Boys and Girls Club of Hinton	Hinton
• Calgary Alpha House Society	Calgary
• Cool-Aid Society of Grande Prairie	Grande Prairie
• Distress Centre/Drug Centre	Calgary
• Foothills Alcohol Action Society	Fort Macleod
• George Spady Centre	Edmonton
• Janvier Alcoholism Program	Chard
• Jellinek Society	Edmonton
• Jimmy Wolf Tail Memorial Residence Society	Brocket
• McDougall House	Edmonton
• Metis Indian Town Alcohol Association	Cadotte Lake/ Little Buffalo High Prairie Valleyview
• Napi Lodge	Lethbridge
• Native Alcoholism Services	Calgary
• Nechi Institute on Alcohol and Drug Education	Edmonton
• O'Meara Rehabilitation Centre	Legal
• Pastew Place Detoxification Centre	Fort McMurray
• Poundmaker's Lodge	Edmonton
• Recovery Acres (Calgary) Society	Calgary
• Recovery Acres Society	Edmonton
• Riverside Villa Association	
• Villa North	Calgary
• Villa South	Calgary
• Rocky Native Friendship Centre	Rocky Mountain House
• Salvation Army	Red Deer
• Slave Lake Native Friendship Centre	Slave Lake Calling Lake
• Southern Alcare Society and Industries	Lethbridge
• Stoney Tribal Counselling Services	Glenevis
• Sunrise Residence Society *(formerly Crowfoot Sunrise Residence)*	Calgary
• Veg-Al Drug Society	Vegreville
• Walter A. "Slim" Thorpe Recovery Centre	Lloydminster Wainwright



Provincial Programs

Role

Provincial Programs operates programs and services that are most effectively managed with a centralized structure.

The unit has three roles. The first is to offer programs to the public on a province-wide basis. These programs emphasize education and prevention. The second role involves stimulating public action to respond to alcohol and drug problems. This is done through encouraging and funding small community projects and by supplying program resource materials to key professionals and groups. The third role is to provide support to other AADAC program divisions through the development of resource materials and the provision of professional library services.

Services

Communications Program

The Communications Program is responsible for the development and production of educational materials such as video-tapes, school curriculum resources, print materials and materials for use by newspapers, radio and television. Communications is most noted for its prevention program for adolescents. This program combines thorough problem analysis with marketing, advertising and communications to achieve behavioural and attitudinal impact. The adolescent program includes a magazine for teens (*Zoot*), community-based projects and a variety of other communications vehicles.

Impaired Driving Programs

This service involves the planning, administration and coordination of two province-wide programs; the Alberta Impaired Driver's Course *Planning Ahead*, for first time offenders and the *IMPACT* program for repeat offenders. This department also liaises in a coordination and technical capacity with other departments and agencies with respect to impaired driving issues.

Program Resources

Program Resources is responsible for the development, production and distribution of information and program materials including school curriculum support materials, the internal and external newsletters, booklets, posters and pamphlets regarding treatment, prevention and education.

The provincial addictions library, housed in Edmonton, provides specialized information services to AADAC staff. Support to the professional and the general public is provided through local resources such as professional, school and public libraries. The AADAC library produces and distributes materials to augment school library collections.

Guidance and funding for local community projects supporting community initiatives and the AADAC adolescent campaign are part of this service, as are prevention and education-oriented theatre tours and projects.

Highlights

The Adolescent Program introduced a more specific focus on how teens can design and develop their own independence. New corporate radio and television spots were developed as well as posters, transit and print advertisements and brochures for teens and parents. A revitalized *Zoot, the Magazine* for teens was also introduced with positive results.

Straight Stuff, a series of six articles with an accompanying discussion guide was introduced to help teens look at their own attitudes and behaviours regarding alcohol, tobacco and other drug abuse.

AADAC received a number of awards, both national and international, for excellence in communications materials.

11,862 Albertans attended the one day *Alberta Impaired Drivers' Course* for first offenders in over 40 communities throughout the province.

The *IMPACT* program for repeat impaired driving offenders had 1,876 participants in 74 weekend sessions.

Several packaged programs have been developed under the logo, *Lifelines, Action Programs for Health Living*.

Peer Support Teacher's Resource introduces a program which involves students in planning and implementing activities which have a positive impact on their school.

Teen Action contains drug and alcohol education material for grades 7 and 8 Health and Personal Living Skills curriculum. It has been approved by Alberta Education as a recommended resource and will be distributed by them.

Zeke and the Indoor Plants toured to 5,000 students around the province, many of whom entered a province-wide video contest which was highlighted on a provincial television program.

Support Services

Policy and Program Analysis

Role

The Policy and Program Analysis Division assists the Commission Board, Executive and Program Management in making informed decisions and improving program effectiveness through research analysis and program evaluation.

Services

The Division provides comprehensive policy analysis and development for the Commission Board. Reports are prepared on the characteristics of clients, of treatment programs, and of educational services. The Division also designs and implements major program evaluation projects and consults with staff on the planning, implementation and utilization of evaluation.

Highlights

Evaluation of *Zeke and the Indoor Plants* showed the usefulness of theatre programs in prevention activities with young teens. The positive evaluation contributed to AADAC's decision to tour the program again in 1987-88.

A study of a pilot of the revised *Alberta Impaired Driver's Course* aided in the decision to implement the program on an ongoing basis.

Program utilization and client characteristics for AADAC's new *IMPACT* program for people with two or more drinking-driving offences were monitored with a newly designed and implemented information system.

An overview of AADAC studies on treatment effectiveness demonstrated that addictions treatment programs are beneficial in improving health among Albertans.

Continued evaluation demonstrated the effectiveness of AADAC's Prevention Program for Adolescents and supported program changes.

Evaluations staff members presented papers at professional meetings and published a number of articles in professional journals.

A statistical data base on alcohol-related social and health indicators for use by AADAC management was established.

The Division completed a study that investigated the factors which influence AADAC client satisfaction with treatment.

A resource manual on AIDS was produced for AADAC treatment personnel.

The Division assisted in the development of an internal smoking policy for the Commission.

A poll of Canadian liquor control and licensing boards was conducted which examined regional variations in alcohol availability.

The Division provided senior Alberta government officials with background material on addictions-related issues in preparation for several inter-governmental health conferences.

Training and Professional Development

Role

To provide appropriate training and development opportunities to enhance the job performance and professional development of AADAC personnel and allied professionals.

Services

Training and Professional Development offers or assists in offering training and development programs in the addictions field. Programs offered cover a wide range of topics related to treatment, prevention and education for both line staff, managers and allied professionals. This office also coordinates the attendance of AADAC staff at courses offered elsewhere, as well as jointly administering AADAC's guidelines for Education Leave and Addiction Counsellor advancement. It also provides consultation to field offices and staff regarding training, development and career planning.

Highlights

Training and Professional Development offered twenty-two courses to four hundred and forty-one participants. Thirty-six external courses were accredited for fifty-two staff. Allied professionals made up 29% of the total participants in courses offered by this office. External participants consisted of staff from other addiction services, social workers, psychologists, nurses and personnel from the Department of National Defense.

The Division co-operated in programs with the Alberta Association on Gerontology, Solicitor General's Department, Alberta Hospital Association, Alberta Medical Association, the University of Alberta Faculty of Nursing, and the Faculty of Industrial and Vocational Education.

Within AADAC, projects included the revision of the Addiction Counsellor Competency Profile, developing proposals for staff exchanges with Alberta universities and Career Progression of Women into Management. Planning was initiated to host and sponsor the AADAC 1988 Institute on Addictions.

Personnel

Purpose

Personnel is committed to the overall goals of recruiting, motivating and retaining productive employees for AADAC.

To accomplish these goals Personnel works with AADAC management and employees to develop and maintain programs and services in the areas of compensation and benefits, recruitment, selection, classification and employee relations. Through these programs we believe Personnel will continue to be successful in fulfilling the needs of AADAC.

Highlights

A new Office Support Classification Series implemented in October, 1986 was positively received by both employees and manager. Through group meetings and individual correspondence, all 88 affected employees were advised of their status within the new series.

In January, 1987 AADAC introduced an Early Retirement Incentive Program to eligible employees. Personnel worked closely with Alberta Treasury's Payroll and Pensions Division and the Personnel Administration Office to ensure the program was administered appropriately. Under the terms of the plan, 42 employees were eligible to participate and as of March 31, 1987, 31% of these employees had elected to enroll. The plan will be offered over a one year period concluding December 31, 1987.

To provide more cost-effective benefit coverage for AADAC, Personnel negotiated a change in Dental Plan carriers. The changeover of dental carriers has resulted in a reduction in premiums.

In November, 1986 an expenditure freeze announced by the Alberta Government resulted in a hiring freeze within the Commission that continued until March 31, 1987. Personnel was responsible for communicating the terms of the freeze and in February presented a plan to Executive Management that dealt with the anticipated commencement of the recruitment function. In April, Personnel commenced recruitment activity in accordance with the approved plan.

This year AADAC developed and implemented a Professional Development Rotations pilot project for employees of the Agency. This project will provide participants with an opportunity for both professional and personal development and at the same time will support AADAC's future human resource needs. The project will be administered by Personnel.

Statistics

Total Recruitment Competitions *(Salaried Employees)*	67
Commencements	64
Terminations	59
Transfers & Promotions	27
Permanent Salaried Positions	372
Position Classifications Reviewed	88
Positions Reclassified/Reallocated	114

Finance and Administration

Role

Finance and Administration develops and implements financial policy for the Commission in accordance with the Financial Administration Act. It acts as a resource to program service staff on finance, accounting and facility administration.

Services

Finance and Administration coordinates, analyzes and implements the annual budget, processes all revenue and expenditure accounts and monitors third-party contracts. The Division is responsible for preparing monthly financial control reports and annual audited financial statements. Finance and Administration also provides consulting and coordinating services with respect to the design and acquisition of facilities and accommodation for the Commission.

Highlights

The Division reviewed the accounting and record keeping practices of field offices.

A report was prepared on the utilization of AADAC facilities by out-of-province clients.

Division staff delivered training courses in budget preparation and financial controls.

The Division audited financial controls of selected funded agencies and recommended changes to contracts and internal control systems.

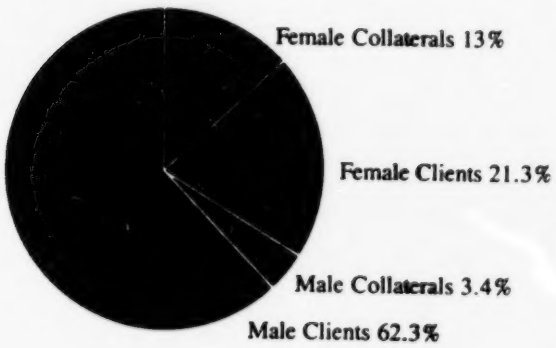
Finance and Administration acquired accommodations and completed renovations for specific program service facilities.

Statistical Summary of Services*

AADAC Facilities

Type of admission	1986/87	1985/86
Number of clients admitted	16,885	15,937
Number of collaterals admitted **	3,310	2,732
Status undetermined	31	32
	20,226	18,701
Client admissions by sex		
Male	12,575	11,996
Female	4,310	3,941
Client admissions by age group		
Under 18 years	1,198	975
18-19	608	509
20-24	2,243	1,941
25-29	2,929	2,679
30-34	3,058	2,774
35-39	2,288	2,147
40-49	2,683	2,951
50 and over	1,878	1,961
Collateral admissions by sex		
Male	691	591
Female	2,619	2,141

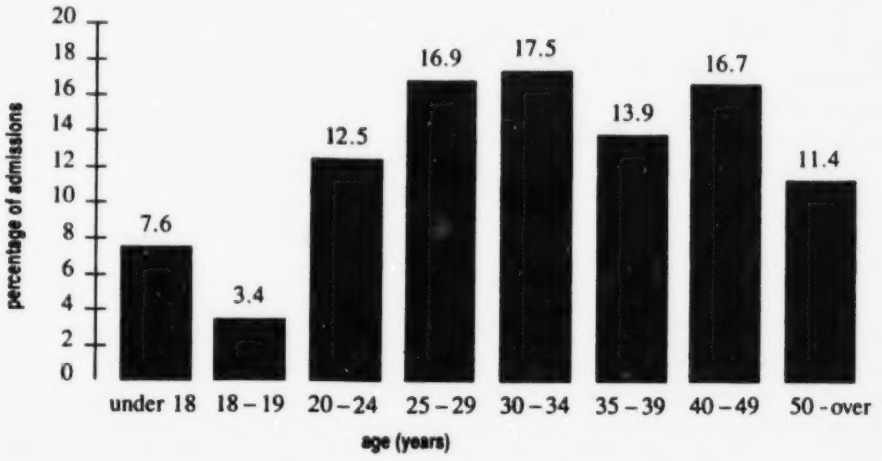
Figure A: Sex and admission type 1986/87



* 1985/86 figures have been updated since the 1985/86 Annual Report, and are hence slightly greater than in that report.
** Collaterals are individuals who are admitted to receive assistance in dealing with someone else's substance abuse problem.

Collateral admissions by age group	1986/87	1985/86
Under 18 years	346	322
18-19	72	46
20-24	289	242
25-29	483	368
30-34	484	358
35-39	522	444
40-49	696	575
50 and over	418	377

Figure B: Age of admissions 1986/87



Primary drug problem (clients only)		
Alcohol	11,969	12,289
Heroin/opiates	301	313
Hallucinogens	39	140
Marijuana/hashish	1,114	869
Tranquilizers	220	178
Barbiturates	29	42
Amphetamines	39	35
Cocaine	223	N/A
Solvents	N/A	38
Other	453	278
Not Reported	2,498	1,756

Figure C: Primary drug problems of clients admitted 1986/87

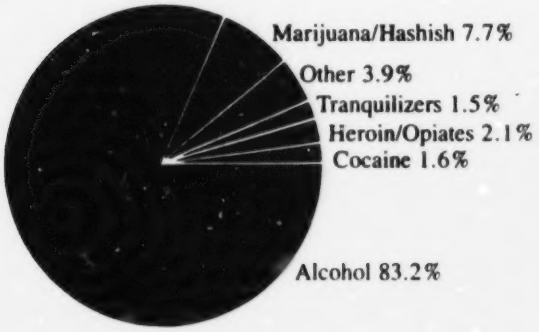
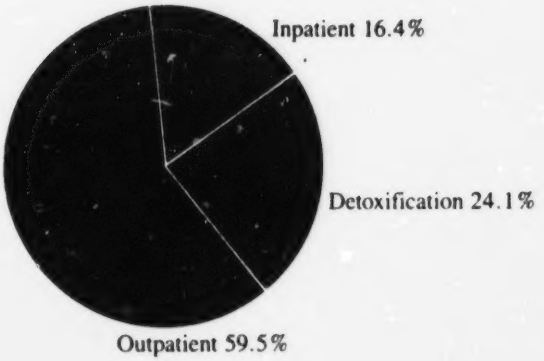


Figure D: Admission by type of treatment 1986/87



Detoxification Centres

Client admission by Centre	1986/87	1985/86
AADAC Recovery Centre	2,677	2,936
Renfrew Recovery Centre	2,203	2,288
	4,880	5,224
Client admissions by sex		
Male	3,795	4,096
Female	1,085	1,128
Client admissions by age group		
Under 18 years	93	83
18-19	121	82
20-24	534	391
25-29	746	753
30-34	900	971
35-39	724	804
40-49	978	1,233
50 and over	784	907
Average time in treatment for those discharged during the year	5.2 days (n=4,886)	4.9 days (n=5,218)

Inpatient Centres	1986/87	1985/86
Number of clients admitted	2,467	2,395
Number of collaterals admitted	851	819
Status unknown	0	1
	3,318	3,215
Lander Treatment Centre clients	1,222	1,132
Lander Treatment Centre collaterals	475	386
Status unknown	0	1
	1,697	1,519
Henwood Treatment Centre clients	1,245	1,263
Henwood Treatment Centre collaterals	376	433
Status unknown	0	0
	1,621	1,696
Client admissions by sex		
Male	1,857	1,802
Female	610	593
Client admissions by age group		
Under 18 years	98	63
18-19	62	59
20-24	285	240
25-29	421	398
30-34	453	409
35-39	345	346
40-49	484	519
50 and over	319	361
Collateral admissions by sex		
Male	180	185
Female	671	634
Collateral admissions by age group		
Under 18 years	98	95
18-19	14	16
20-24	79	75
25-29	131	108
30-34	115	107
35-39	123	108
40-49	180	175
50 and over	111	135
Average length of stay for those discharged during the year		
Regular program clients	16.4 days (n=1,844)	15.5 days (n=1,717)
Follow up clients	5.9 days (n=565)	5.8 days (n=628)
Collaterals	5.7 days (n=862)	5.9 days (n=817)

Outpatient Treatment Centres

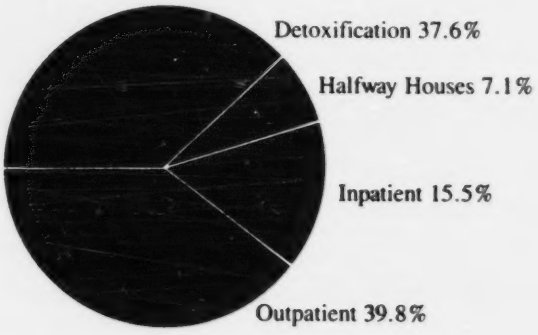
Admissions by Service Area	1986/87	1985/86
Northern Alberta Field Services	1,330	1,184
Central Alberta Field Services	6,897	5,631
Southern Alberta Field Services	3,780	3,441
	12,007	10,256
Number of clients admitted	9,538	8,319
Number of collaterals admitted	2,458	1,913
Status unknown	11	24
Client admissions by sex		
Male	6,293	6,098
Female	2,615	2,220
Client admissions by age group		
Under 18 years	1,007	829
18-19	425	368
20-24	1,424	1,310
25-29	1,762	1,528
30-34	1,705	1,394
35-39	1,219	997
40-49	1,221	1,199
50 and over	775	694
Collateral admissions by sex		
Male	510	406
Female	1,948	1,507
Collateral admissions by age group		
Under 18 years	248	227
18-19	58	30
20-24	210	167
25-29	352	260
30-34	369	251
35-39	399	336
40-49	515	400
50 and over	307	192
Average number of treatment sessions for those discharged during the year		
Clients	6.7 sessions (n=6,992)	6.3 sessions (n=8,263)
Collaterals	4.9 sessions (n=1,609)	4.1 sessions (n=1,843)

NOTE: Not all 1986/87 discharge records were processed at the time of printing.

Funded Agencies Summary

	1986/87	1985/86
Number of Funded Agencies	31	31
Number of programs receiving funding	45	45
Admissions by type of treatment		
Detoxification Centres	5,828	7,874
Inpatient Centres	2,273	2,180
Halfway Houses	1,064	1,292
Outpatient Centres	5,563	5,920
	14,728*	17,266*

Figure E: Admissions by type of treatment 1986/87

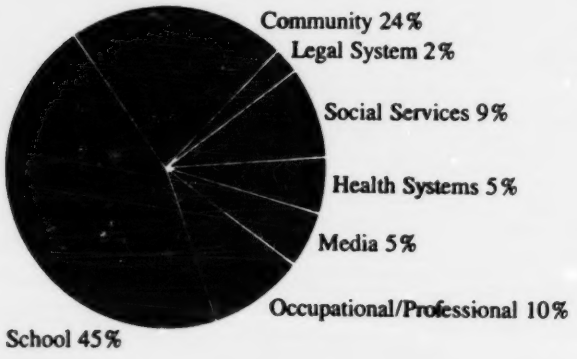


* In addition to these admissions, there were 47,913 admissions to the overnight shelters associated with detoxification units, 732 participants in 33 regular training courses, and 1,391 participants in adolescent outreach services.

Community Education Services

Projects completed across Alberta	1986/87	1985/86
School	854	773
Occupational/Professional	185	204
Health Systems	97	87
Social Services	182	180
Community	466	562
Media	89	80
Legal System	46	50
	1,919	1,936
Number of sessions		
School	2,009	2,105
Occupational/Professional	503	749
Health Systems	158	186
Social Services	461	329
Community	1,075	1,281
Media	177	215
Legal System	143	134
	4,526	4,999

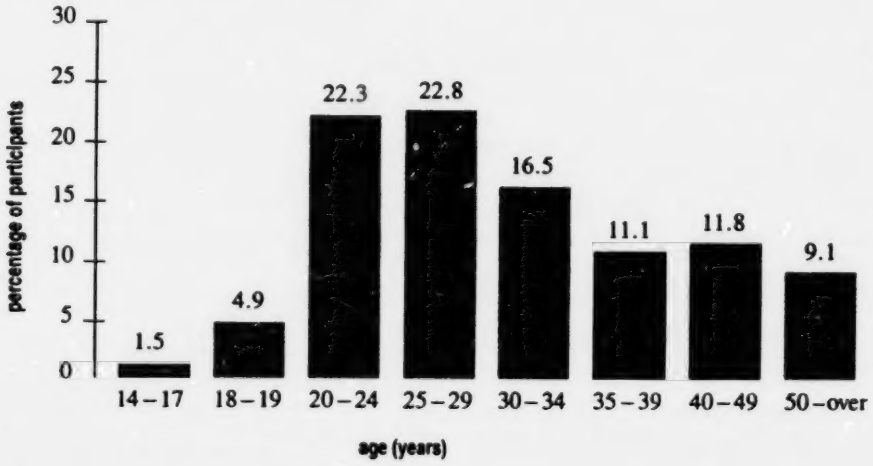
Figure F: Community Education Services Projects Completed 1986/87



Alberta Impaired Drivers' Course

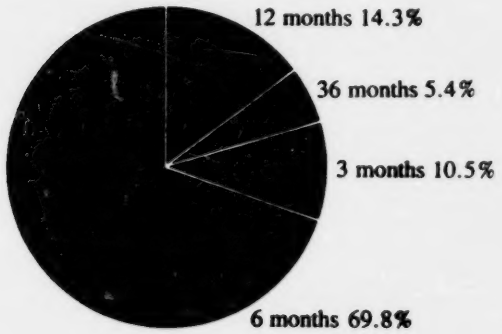
	1986/87	1985/86
Number of courses across Alberta	670	802
Participants by Field Services		
Northern Alberta Field Services	1,656	2,577
Central Alberta Field Services	5,668	8,360
Southern Alberta Field Services	4,539	6,727
Number of course participants by sex		
Male	10,599	15,858
Female	1,264	1,806
Number of participants by age groups		
14-17	173	151
18-19	584	836
20-24	2,644	4,075
25-29	2,702	3,938
30-34	1,963	2,774
35-39	1,314	1,973
40-49	1,405	2,323
50 and over	1,077	1,590
Unknown	1	4

Figure G: Age of AIDC Participants 1986/87



	1986/87	1985/86
Number of participants by total number of drinking and driving convictions in lifetime		
1 conviction	7,208	9,658
2 convictions	2,578	4,499
3 convictions	1,133	1,853
4 convictions	393	610
5 convictions	138	238
6 convictions	62	80
7+ convictions	43	116
Unknown	308	610
Length of suspension period		
3 months	1,199	2,497
6 months	8,001	10,251
12 months	1,644	3,635
36 months	623	718
Other	4	0
Unknown	392	563

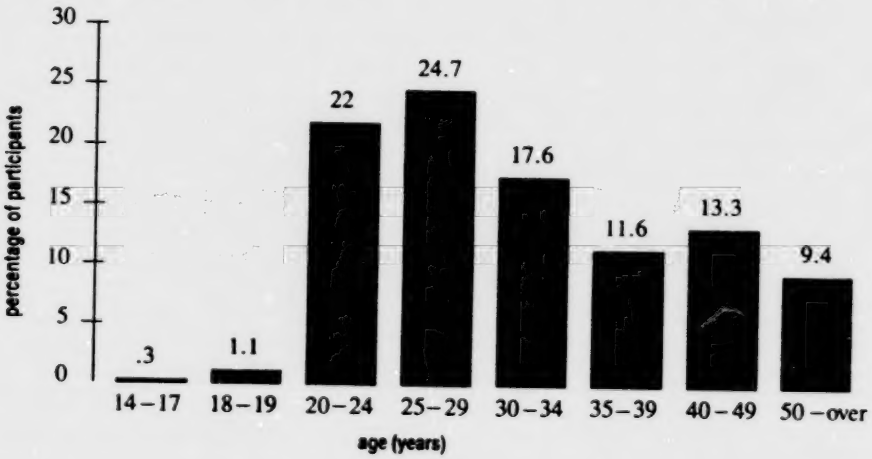
Figure H: Length of Suspension for AIDC Participants 1986/87



IMPACT

	1986/87
Number of courses across Alberta	74
Participants by Field Services	
Northern Alberta Field Services	149
Central Alberta Field Services	1,011
Southern Alberta Field Services	719
Number of course participants by sex	
Male	1,789
Female	90
Number of participants by age groups	
14-17	6
18-19	20
20-24	413
25-29	465
30-34	331
35-39	218
40-49	250
50 and over	176

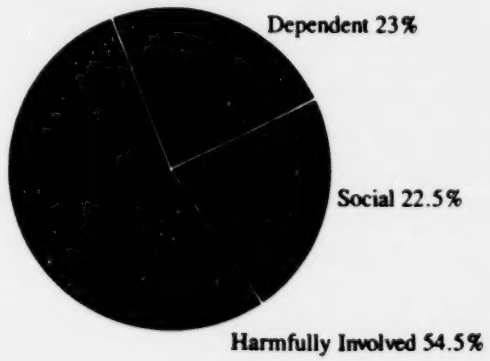
Figure I: Age of IMPACT Participants 1986/87



	1986/87
Number of participants by total number of drinking and driving convictions in lifetime	
1 conviction *	25
2 convictions	1,115
3 convictions	426
4 convictions	168
5 convictions	63
6 convictions	26
7+ convictions	32
Unknown	24
Length of suspension period	
3 months	16
6 months	80
12 months	1,465
18 months	16
36 months	182
Other	81
Unknown	39
Facilitator Assessment of participants alcohol and/or drug involvement **	
Social	410
Harmfully-Involved	994
Dependent	420
Other	19
Unknown	5

Figure J: Length of suspension for IMPACT participants 1986/87

Figure K: Facilitator assessment of IMPACT participants' alcohol/drug involvement 1986/87



* These participants have additional circumstances such as poor driving records.

** Includes 1,848 participants who completed the program.

Financial Highlights

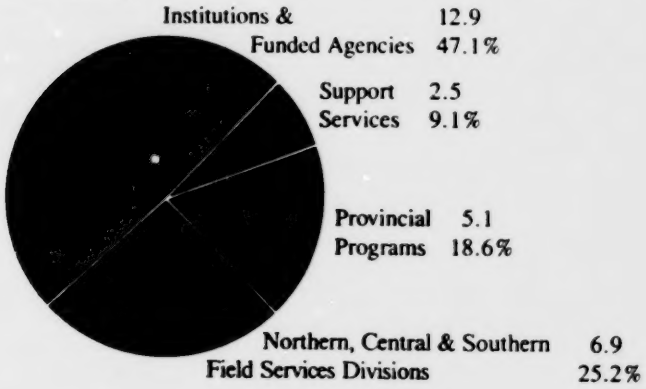
Expenditures by Organizational Structure

(For Year Ended March 31, 1987 with 1986 Figures for Comparison)

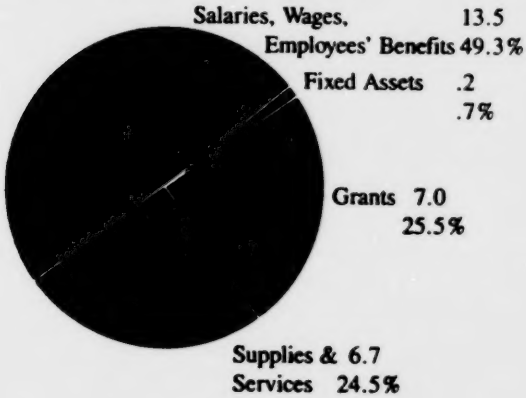
Program Services	1987	1986
Institutions and Funded Agencies		
Program Administration	$ 301,100	$ 370,437
Institutions		
Henwood Treatment Centre, Edmonton	2,073,988	2,054,605
Lander Treatment Centre, Claresholm	1,372,966	1,289,680
AADAC Recovery Centre, Edmonton	1,064,561	1,034,824
Renfrew Recovery Centre, Calgary	1,101,403	1,129,908
	$ 5,612,918	$ 5,509,017
Funded Agencies		
Detox Centres	$ 1,597,900	$ 1,563,308
Inpatient Treatment	2,331,176	2,241,872
Halfway Houses	2,033,532	1,867,073
Outpatient Treatment	768,653	727,990
Training and Prevention	271,809	271,254
	$ 7,003,070	$ 6,671,497
	$ 12,917,088	$ 12,550,951
Field Services		
Northern Alberta Field Services Division	$ 1,769,128	$ 1,702,871
Central Alberta Field Services Division	3,092,611	3,254,236
Southern Alberta Field Services Division	2,032,366	2,161,431
	$ 6,894,105	$ 7,118,538
Provincial Programs		
Media Campaign	$ 2,162,705	$ 2,472,599
Impaired Drivers' Program	1,799,713	689,315
Library	319,599	279,233
Program Resources	456,431	404,777
Educational Provincial	66,959	111,036
Community/School Theatre	135,210	121,123
Provincial Programs	188,032	116,866
	$ 5,128,649	$ 4,194,949
Total Program Services	$ 24,939,842	$ 23,864,438

Program Support Services	1986/87	1985/86
Chairman and Board Members	$ 148,958	$ 200,743
Support Services	2,402,542	2,156,697
Total Support Services	$ 2,551,500	$ 2,357,440
	$ 27,491,342	$ 26,221,878
Net Increase (Decrease) in Materials and Supplies and Other Assets	$ (103,662)	$ (72,340)
Total Expenditure	$ 27,387,680	$ 26,149,538

Annual Expenditure by Organization Structure
(In $ Millions)


Institutions & Funded Agencies 12.9 47.1%
Support Services 2.5 9.1%
Provincial Programs 5.1 18.6%
Northern, Central & Southern Field Services Divisions 6.9 25.2%

Annual Expenditure by Object of Expenditure



Note: the 1985/86 figures have been restated where necessary to conform to 1986/87 presentation.

Financial Statements — March 31, 1986

Auditor's Report

Balance Sheet

Statement of Revenue and Expenditure

Statement of Equity in Fixed Assets

Notes to the Financial Statements

ALBERTA LEGISLATURE

OFFICE OF THE AUDITOR GENERAL

AUDITOR'S REPORT

To the Members of the Alberta
Alcohol and Drug Abuse Commission

I have examined the balance sheet of the Alberta Alcohol and Drug Abuse Commission as at March 31, 1987 and the statements of revenue, expenditure and revenue surplus and equity in fixed assets for the year then ended. My examination was made in accordance with generally accepted auditing standards, and accordingly included such tests and other procedures as I considered necessary in the circumstances.

In my opinion, these financial statements present fairly the financial position of the Commission as at March 31, 1987 and the results of its operations for the year then ended in accordance with the disclosed basis of accounting, considered appropriate in the circumstances, as described in Note 2 to the financial statements applied, after giving retroactive effect to the changes in the methods of accounting for revenue transferred to the Province of Alberta and contributions used to finance inventory as explained in Note 3 to the financial statements, on a basis consistent with that of the preceding year.

Donald D. Salmon
C.A.
Auditor General

Edmonton, Alberta
July 31, 1987

ALBERTA ALCOHOL AND DRUG ABUSE COMMISSION

BALANCE SHEET

AS AT MARCH 31, 1987

	1987	1986
ASSETS		
Current:		
Cash	$ 5,755	$ 6,815
Accountable advances to staff	24,216	35,729
Federal sales tax receivable	6,689	5,440
Inventory (Note 5)	861,357	757,694
	898,017	805,678
Fixed:		
Furniture and equipment, net (Note 6)	575,218	589,784
	1,473,235	1,395,462
Trust cash	44,947	27,979
	$1,518,182	$1,423,441
LIABILITIES AND EQUITY		
Current:		
Unearned revenue	$ -	$ 1,760
Due to the Province of Alberta, net	36,660	46,224
	36,660	47,984
Inventory reserve	861,357	757,694
Equity in fixed assets	575,218	589,784
	1,473,235	1,395,462
Trust:		
Patients' Benevolent Fund	8,023	8,074
Memorial Trust Fund	36,924	19,905
	44,947	27,979
	$1,518,182	$1,423,441

The accompanying notes are part of these financial statements.

OFFICE OF THE AUDITOR GENERAL

ALBERTA ALCOHOL AND DRUG ABUSE COMMISSION

STATEMENT OF REVENUE, EXPENDITURE AND REVENUE SURPLUS

FOR THE YEAR ENDED MARCH 31, 1987

	1987	1986
Revenue:		
Contributions by the Province of Alberta, Department of Community and Occupational Health	$27,491,343	$26,221,878
Other revenue:		
Patients' charges	33,220	27,520
Seminars	20,735	8,655
Federal sales tax recovery	5,615	5,431
Miscellaneous	12,207	4,075
	27,563,120	26,267,559
Other revenue transferred to the Province of Alberta	71,777	45,681
Net revenue	27,491,343	26,221,878
Expenditure:		
Manpower:		
Salaries	10,782,645	10,575,564
Employer's contributions	1,345,096	1,193,280
Wages	1,326,474	890,773
Allowances and supplementary benefits	61,422	89,269
	13,515,637	12,748,886
Services and supplies:		
Professional, technical and labour services	5,088,309	4,752,424
Materials and supplies	574,661	580,456
Travel and relocation	569,865	651,132
Rental of equipment	170,270	201,523
Repairs and maintenance of equipment	86,658	81,399
Freight and postage	84,867	81,178
Other services	78,447	75,163
Telephone and communications	45,650	43,579
Advertising	41,989	63,548
Hosting	20,865	28,081
Insurance	1,453	2,645
	6,763,034	6,561,128
	20,278,671	19,310,014
Other:		
Direct financial assistance to outside agencies	7,003,070	6,671,497
Purchase of fixed assets net of trade-ins of $1,000 (1986 $2,331)	105,939	168,027
Total expenditure	27,387,680	26,149,538
Excess of revenue over expenditure	103,663	72,340
Appropriation to inventory reserve	103,663	72,340
Revenue surplus	$ -	$ -

OFFICE OF THE AUDITOR GENERAL

ALBERTA ALCOHOL AND DRUG ABUSE COMMISSION

STATEMENT OF EQUITY IN FIXED ASSETS

FOR THE YEAR ENDED MARCH 31, 1987

	1987	1986
Balance at beginning of year	$589,784	$552,640
Add:		
Furniture and equipment - provided from operations	106,939	170,358
- net book value of assets previously leased and purchased by option	64,725	20,266
	761,448	743,264
Deduct:		
Depreciation for the year	177,280	146,529
Disposals of furniture and equipment, at net book value	8,950	6,951
	186,230	153,480
Balance at end of year	$575,218	$589,784

OFFICE OF THE AUDITOR GENERAL

ALBERTA ALCOHOL AND DRUG ABUSE COMMISSION

NOTES TO THE FINANCIAL STATEMENTS

MARCH 31, 1987

Note 1 Authority

The Alberta Alcohol and Drug Abuse Commission operates under the authority of the Alcohol and Drug Abuse Act, Chapter A-38, Revised Statutes of Alberta 1980, as amended.

Note 2 Significant Accounting Policies and Reporting Practices

(a) These financial statements have been prepared in accordance with generally accepted accounting principles except that fixed assets are charged to expense at date of acquisition. Fixed assets are also shown on the balance sheet at original cost less accumulated depreciation with a corresponding credit to equity in fixed assets. Depreciation, calculated on a straight-line basis, is charged to equity in fixed assets.

(b) Inventories of materials and supplies are valued at cost. Books, tapes and films are valued at 50% of cost.

(c) Contributions from the Province of Alberta used to finance inventory are reported as being appropriated to the inventory reserve.

(d) A statement of changes in financial position has not been provided as disclosure in these financial statements is considered to be adequate.

OFFICE OF THE AUDITOR GENERAL

Note 3 Changes in Accounting Policy

Revenue transferred to the Province of Alberta, previously included in the excess of revenue over expenditure, is now reported as a reduction of revenue.

Contributions from the Province of Alberta used to finance inventory were previously reported as amounts due to the Province of Alberta but are now reported as being appropriated to the inventory reserve.

The effects of the above changes are as follows:

	1987	1986
Reduction in reported revenue	$ 71,777	$ 45,681
Reduction in the excess of revenue over expenditure	$175,440	$118,021
Reduction in current liabilities	$861,357	$757,694
Increase in inventory reserve	$861,357	$757,694

Note 4 Administration Costs

Accommodation and certain other overhead costs incurred in the administration of the Commission have been paid by the Province of Alberta and are not reflected in these financial statements.

Note 5 Inventory

Inventory consists of:

	1987	1986
Materials and supplies	$442,254	$381,083
Books, tapes and films	419,103	376,611
	$861,357	$757,694

OFFICE OF THE AUDITOR GENERAL

Note 6 Fixed Assets

Fixed assets consist of the following:

	Cost	Accumulated Depreciation	1987 Net	1986 Net
Furniture and equipment	$1,094,988	$626,850	$468,138	$475,621
EDP equipment	273,501	166,421	107,080	114,163
	$1,368,489	$793,271	$575,218	$589,784

Note 7 Contributions by Province of Alberta

The Province of Alberta recovers part of its contributions to the Commission from the Government of Canada under the Vocational Rehabilitation of Disabled Persons and other agreements. Amounts are included in the revenue of the General Revenue Fund reported by the Department of Community and Occupational Health. Claims relating to the Commission's activities for the years ending March 31, 1987 and March 31, 1986 amount to $9,585,138 and $5,034,277 respectively. Claims for the year ending March 31, 1987 include $3,017,902 relating to additional claims for prior year expenditures as a result of settlement of certain issues with the Government of Canada.

Note 8 Comparative Figures

The 1986 figures have been reclassified where necessary to conform to 1987 presentation.

Note 9 Approval of Financial Statements

These financial statements have been approved by management.